



Quabbin Regional MHS Gold House
 800 South St., Barre Ma 01005
 School Adjustment Counselor Annual Calendar
 Colleen Fors, LMHC SAC, SSW
978-355-4651 ext. 2111 cfors@qrsd.org

PREPARING PANTHERS FOR POST HIGH SCHOOL PATHWAYS

School Adjustment Counselor Role

*Guided by student 504 and IEP goals,
 the QRMHS School Adjustment
 Counselor's role is to support the
 development of students
 social/emotional and academic
 competencies to help prepare students
 for post high school pathways and
 employment.*

September	
Assist students with school and new schedule orientation.	10-12 th
Review schedules for compliance with goals/expectations of IEP and 504 plans. Submit changes, if necessary.	10-12 th
Initial student and school adjustment counselor meeting to review sessions: schedules, goals, activities	10-12 th
<i>Let's Talk about Stress:</i> on-going SEL groups.	10-12 th
SAT/testing discussion/preparation	10-12
Assist with Post High School Planning	12

October	
<i>Lesson 1: Owning Your Learning: Reviewing progress reports</i>	10-12 th
PreSAT & SAT discussion/preparation	10-12 th
ASVAB discussion/prep	10-12 th
<i>Lesson 2: Owning Your Learning: SMART Goal Setting</i>	
Naviance review / set up account	10-12 th
Assist with Post High School Planning	12

November	
SAT's discussion/preparation	11-12 th
Review progress reports 11/6	10-12 th
<i>Lesson 3: What is a Transcript?</i>	10-12
Assist with Post High School Planning	12

December	
<i>Lesson 4: Graduation Progress Transcript Audit</i>	10-12 th
Naviance Lesson	10-12 th
Goal setting group (SEL group)	10-12 th
Assist with Post High School Planning	12

January	
Review final course grade 1/23	10-12 th
Review schedule, submit changes if necessary	10-12 th
Anxiety Group (SEL group)	10-12 th
Assist with Post High School Planning	12

February	
Job Fair	10-12 th
Credit for Life	12 th
MCAS discussion/preparation	11-12 th
PSAT discussion	10-11 th

March	
ELA MCAS	10 th
Course Selection begins	10-11 th
Naviance Lesson support	10-12 th

April	
SAT discussion/preparation	11 th
Review progress report 4/2	10-12 th
Mindfulness group (SEL group)	10-12 th

May	
Math MCAS	10 th
Naviance Lesson support	10-11 th
Assist with Post High School Planning	12
Summer School Discussion and navigation as needed	10-11 th

June	
Preparing for summer break	10-11 th
Graduation 5/31	12 th

SAC Direct Services
Consult with staff about goals and objectives of student social/emotional needs as identified on 504 and IEP's.
Individual Counseling to meet objectives on IEP's and 504 plans.
Small Group Counseling to meet objectives of IEP and 504 plans.
Crisis Counseling & De-Escalation Intervention
Student Assessment & Evaluation
Parent/Guardian Communication
Support Academic Concerns
Participate in 504 Reviews
Participate in IEP meetings
Participate in Attendance Meetings

Indirect Services
Consultation with Teachers
Attendance Tracking
Referrals to outside services
Ongoing Professional Development Training
Special Education referral/advocacy
Data tracking

School Counseling Department Mission: *The Guidance and Counseling Department assists students in preparing for young adulthood so they may reach their full potential for achieving academic, social-emotional and workplace readiness skills through partnership with families, school staff, and the community.*

School Counseling Department Vision: *Students and graduates of the Quabbin Regional School District are life-long learners whose hard work, curiosity, resilience and innovation allow them to flourish in a rapidly changing world.*